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Rhaglen Swyddogol  
Official Digital Programme



ADMIRAL NATIONAL LEAGUE - DIVISION 2

LLANHARAN vs COWBRIDGE



SPONSORED BY



Excel Power Construction Limited  
Official Team Sponsor of Llanharan RFC



#BLACKANDBLUE

#DAIRYMEN

The Dairyfield, Bridgend Road, Llanharan  
Saturday 30.03.2024 | KO 14:30

# LLANHARAN v COWBRIDGE

ADMIRAL NATIONAL LEAGUES - DIVISION 2



## CHAIRMAN'S MESSAGE

**A big Easter weekend welcome to all visitors and players from Cowbridge. Also, I would like to thank Wayne Jervis and Sigma3 who are sponsoring this fixture.**

### President

Cllr. Geraint Hopkins

### Committee

Hugh James (Chairman)

Chris Langdon  
(Vice Chairman)

Richard Case (Secretary)

Alun Martin (Treasurer)

Phil Hearne (Fixture Secretary)

Gemma Woolridge  
(Sponsorship Secretary)

Mark Anderson

Phillip James

Gareth Morgan

Andy Tuite

Paul Williams

Meirion Reynolds

Sarah Boswell

Even with the elation of winning our Division 2 Cup Semi-Final tie against Penarth last weekend, and earning another trip to The Principality Stadium, it is not forgotten at the club that the league is a top priority!

Anyone who made the trip to Cowbridge earlier this season will be well aware of their ability. We just about managed to nick the win thanks to a debut drop goal conversion by Sam Hayman.

They will come here trying to avenge that defeat, and will leave everything out on The Dairyfield pitch.

Going back to next week's final, we really need the support of the club, our supporters, and the community; so please share far and wide. Tickets are available online and also being sold in the club today!

We are also providing free live entertainment at the club for when the buses return back to the clubhouse!

## HUGH JAMES

CHAIRMAN | LLANHARAN RFC

# Life Members

*Keith Taylor*

*Diane Pritchard*

*Randal Martin*

*Adrian Tattersall*

*Hugh Smith*

*Glyn Stephens*

# Vice Presidents

*Nicky Allen*

*Hugh James*

*Kevin Price*

*Albino Alzetta*

*Philip James*

*Steven Pring*

*Jan Barbour*

*Richard Jenkins*

*Richard Randall*

*Merlin Baker*

*Alan Jenkins*

*Wayne Rees*

*David Benjamin*

*Kevin Jones*

*Geraint Roberts*

*Philip Benjamin*

*Chris Langdon*

*Dawn Russell*

*Lynne Callow*

*Kylie Langdon*

*Hugh Smith*

*Richard Case*

*Rhys Langdon*

*Stuart Smith*

*Roy Davies*

*Robert Legg*

*Glyn Stephens*

*Jonathan Davies*

*Huw Lewis*

*Kenny Stephens*

*Ian Davies*

*David Martin*

*Adrian Tattersall*

*Colin Donovan*

*Randal Martin*

*Rhys Taylor*

*Dennis Donovan*

*Alun Martin*

*David Thomas*

*Emrys Evans*

*Brian Mitchell*

*Mike Thomas*

*Ken Forrester*

*Gareth Morgan*

*Steve Thorne*

*Brian Harris*

*Vivian Neate*

*Philip Thresher*

*Phil Hearne*

*Chris Pearce*

*Kath Whitehead*

*Robert Huckridge*

*Jeff Phillips*

*Robert Williams*

*Graham Pritchard*

*Jonathan Windsor*

# MORE FROM THE SCRIBE COWBRIDGE

It is surprisingly difficult to find any history details on the club – in fact I found out more on the local 19<sup>th</sup> century version of ‘Eton fives’ whose surviving courts I played in as a grammar school pupil in the town. The school itself was one of the first recorded locations for the playing of organised rugby union. In the 1870s the ‘boys’ XV were one of the first opponents for Cardiff RFC. The town certainly has a long sporting tradition – the cricket club dates to 1840!

So, to present times - Cowbridge experienced a mixed bag of a season 2022/23 and couldn't lower the colours of the Cynon valley's promoted trio. Nevertheless, some notable victories and a respectable 6<sup>th</sup> place with 11 wins and 11 defeats, scoring 429 points with 64 tries in the process.

In the previous COVID hit incomplete competition they were sitting 2<sup>nd</sup> when it terminated, with an impressive 9 wins from 11 games.

23/24 Opened with narrow defeat at Llanishen but victories followed including v Gilfach, where Charlie Locke scored 40 seconds try, and at Llantwit Fardre.

It's subsequently been a varied campaign with some good wins alongside close defeats – including that 22-20 reverse against us back in January. So, a side to be respected.

Our coaches and players have given us another memorable season, last week's cup win the latest impressive result, but for today it's all about league points as we look to enhance our place in the rugby hierarchy. Cowbridge, fresh from last week's win at Treharris, will go all out to deny our ambitions, and we will need to be at our best.

HUGH SMITH



## THE SCRIBE LOOKS BACK

**And the Scribe looks back on ten seasons ago:**

### SWALEC NATIONAL CHAMPIONSHIP

**Oct 12 2013 TATA STEEL 27 LLANHARAN 34 (HT 8-18)**

24-year-old outside half Codey Rees spent 2011/12 at the Margam Sports Ground and returned to one of his old stamping grounds with a vengeance, his deadly boot supplying nineteen points to help the team to victory and move us into third place in the Championship.

This was a hard-fought victory for us and we had to dig in defensively on several occasions as we allowed Tata to grab the four tries that always kept them in the game.

Said head coach Matthew Lloyd: "A good performance. But as a team we still have a lot of work to do. However, the boys showed great commitment and will gain confidence from this victory against a very good Tata side, but we must improve defensively. The players are enjoying themselves and along with my fellow coaches Adam Rosser and Colin Malone I am pleased with the way the squad is gelling and the boys are playing for each other." Tata tries - Ross Pritchard 2, Paul Bamsey, Andrew Collins. Con and pen: Simon Evans. Con: Nicky Harwood.

Llanharan tries: Scott Malone, Tom Piper, Gabriel Davies. Cons 2 and pens 5 - Codey Rees.

#### **LLANHARAN**

15 Richard Lovering 14 Rhys Walker 13 Will Singer 12 Gabriel Davies 11 Harry Davies 10 Codey Rees (c) 9 Tom Marley 1 Simon Collins 2 Gethin Cashmore (Nathan Huish) 3 Tom Piper (Aaron Elliott) 4 Dan Partridge 5 Andrew Rosen 6 Lewis Young 7 Scott Malone 8 Huw Thomas

# Commercial Partners

Llanharan RFC would like to thank their sponsors and supporters, for their ongoing contributions.

## Primary Sponsor



## Match Sponsors



## Advertising Board Sponsors



LTS  
ROOFTOP TILING  
ONE VISION

## Scoreboard Sponsors





# NATIONAL LEAGUE DIVISION 2 EAST CENTRAL 2023/24 FIXTURES



## April

06/04/2023	LLANHARAN	Porthcawl
13/04/2023	Pentyrch	LLANHARAN
17/04/2024	LLANHARAN @Kenfig Hill	Bryncethin
20/04/2023	LLANHARAN	Cilfynydd
27/04/2023	Llantwit Fardre	LLANHARAN

All fixtures are subject to change. Please visit [www.llanharanrfc.co.uk](http://www.llanharanrfc.co.uk) for the latest fixture news, and follow us on social media.



POS	TEAM	PL	W	D	L	TB	LB	PTS
1	LLANHARAN	16	16	0	0	13	0	77
2	PENARTH	15	13	0	2	13	0	65
3	LLANISHEN	17	12	0	5	14	2	64
4	CAERPHILLY	18	12	0	6	13	3	64
5	PENTYRCH	20	10	0	10	13	4	57
6	CILFYNYDD	17	10	0	7	10	1	51
7	COWBRIDGE	16	9	0	7	7	4	47
8	LLANTWIT FARDRE	16	7	0	9	8	3	39
9	TAFFS WELL	19	4	0	15	4	4	24
10	TREHARRIS	16	4	0	12	2	2	20
11	GILFACH GOCH	15	4	0	11	5	0	19
12	LLANTRISANT	17	0	0	17	3	1	4



**DIVISION 2 CUP FINAL**  
v PORTHCRAWL  
@Principality Stadium  
6<sup>th</sup> April 2024



LRFC TICKET PORTAL SHORTCUT

<https://app.payhere.co/llanharan-sports-holdings>



**LLANHARAN RFC ODDBALLS BOXERS**

**1 PAIR £12.50**

**2 PAIRS £20**

**CHILDREN AND ADULT SIZES AVAILABLE**

**CONTACT GEMMA JONES - 07793 054 630**



# The Final

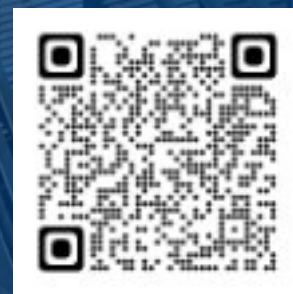
THE ROAD TO THE PRINCIPALITY



V



**SATURDAY 6<sup>th</sup> APRIL**  
**Principality Stadium**



LRFC  
TICKET  
PORTAL  
SHORTCUT

**DIGITAL MATCH TICKETS £10 Adult / £5 Under 16**  
**SUPPORTERS BUS £10 per person - LEAVING TIME 16:00**

**ONLINE PAYMENT via <https://app.payhere.co/llanharan-sports-holdings> (or use QR Code)**

- YOU WILL BE REQUIRED TO PROVIDE AN EMAIL ADDRESS AND MOBILE TELEPHONE NUMBER TO ISSUE THE DIGITAL MATCH TICKET AND FOR CONTACT INFORMATION
- YOU MUST DOWNLOAD THE PRINCIPALITY STADIUM TICKETING APP IN PREPARATION FOR RECEIPT OF THE DIGITAL TICKETS
- THE DIGITAL MATCH TICKETS WILL BE TRANSFERRED TO YOU AS SOON AS PRACTICABLE. THE LRFC TICKET PORTAL WILL CLOSE WEDNESDAY 3<sup>rd</sup> APRIL.
- THE BUSES WILL BE LEAVING LLANHARAN RFC AT 16:00 AND RETURNING FROM THE STADIUM AT 20:00 PROMPT. AN EXACT LOCATION FOR THE STADIUM PICK UP POINT WILL BE CLARIFIED ON THE DAY. THERE CAN BE NO WAITING, THEREFORE IT IS THE RESPONSIBILITY OF EACH PERSON TO BE AT THE BUS ON TIME. NO REFUNDS WILL BE ISSUED IF PEOPLE TURN UP LATE AND/OR MISS THEIR BUS
- YOU WILL BE ISSUED A PAPER TICKET FOR THE BUS WHICH WILL BE RETAINED FOR THE RETURN JOURNEY
- THE CLUB WILL BE PROVIDING POST-MATCH ENTERTAINMENT AT THE CLUBHOUSE
- DUE TO CLUB POLICY AND STIPULATIONS IN OUR LICENCE WE WILL BE ASKING FOR CHILDREN TO LEAVE SHORTLY AFTER THE TEAM HAS BEEN WELCOMED BACK TO THE CLUB





MANAGEMENT

# LLANHARAN



**ANDY PRICE**  
Assistant Coach



**KEVIN JONES**  
Assistant Coach



**ELLA SKYRME**  
Sports Therapist



**DEREK CASHMORE**  
Team Manager



**GARETH NICHOLAS**  
Head Coach

# PLAYING SQUAD SEASON 2023/24

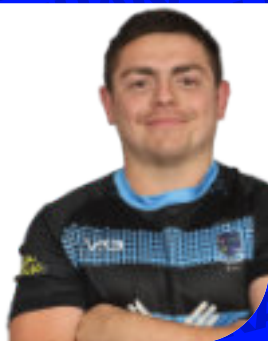
TEIRION  
JONES



STU  
GRIFFITHS



TOM  
JENKINS



SCOTT  
JONES



SAM  
RICHARDS



TOM  
BUCKLE



CHRIS  
OSBORNE



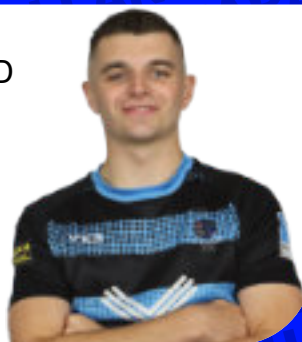
BRANDON  
NELSON



IEUAN  
PRING



ALEX  
NEWBOLD



JACK  
BROOKS



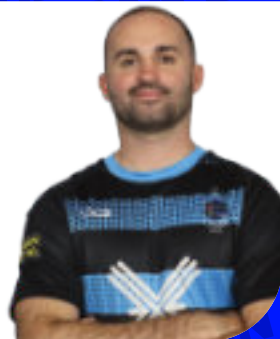
IVAN  
BARTLES



ADAM  
LEWIS



IEUAN  
EVANS



KIERAN  
MARTIN



KIERAN  
THOMAS



LEWIS  
COGBILL



JOE  
BUCKLE



LOUIS  
DECAUX



LLOYD  
GREGORY



JACK  
THOMSON



LEE  
ARTHUR



PAUL  
WINTER



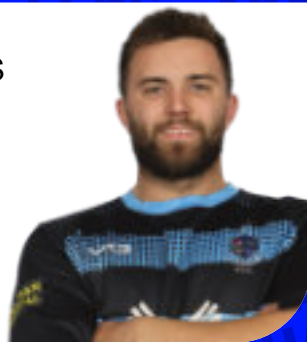
OWAIN  
HOWE



RICHARD  
BYERS



MORGAN  
PARSONS



RYAN  
RUSSELL



ROSS  
PRITCHARD



MORGAN  
JONES



RHYS  
TAYLOR



JACK  
PRING



JACK  
WALKER



LEON  
BURTON



JAY  
FLETCHER



JOE  
DAVIES



GETHIN  
CASHMORE



MITCHELL  
JONES





# 2023/24 COMMERCIAL OPPORTUNITIES

## PITCH SIDE PERIMETER BOARD SPONSORSHIP

### PITCH SIDE PERIMETERBOARD

Benefits of this package include:

- ▶ A large perimeter board to be displayed at all 2021/2022 Llanharan RFC home fixtures.
- ▶ Discounted rates for future seasons.
- ▶ Access to an annual sponsors day event, to include a buffet and 2 free drinks.



## MATCH AND MATCH BALL SPONSORSHIP

### EXCLUSIVE MATCH SPONSORSHIP

Benefits of this package include:

- ▶ 10 invited guests for pre match, half time and post match hospitality for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor on the pre and post match website report for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor within the Llanharan RFC digital match day programme of your chosen fixture.
- ▶ Regular messages delivered over the loudspeaker system announcing your organisation as the Official Match Sponsor before and during your chosen fixture.
- ▶ The opportunity to select the Llanharan RFC man of the match and present the post match award to the selected player at your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisations the Official Match Sponsor on pre and post match social media posts of your chosen fixture.

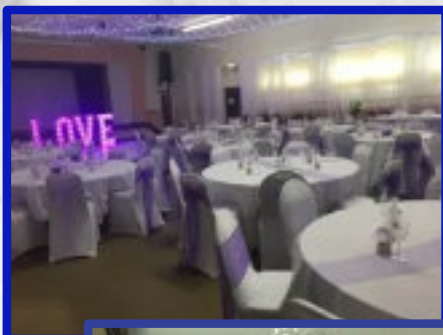
### EXCLUSIVE MATCH BALL SPONSORSHIP

Benefits of this package include:

- ▶ 2 invited guests for pre match, half time and post match hospitality for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Ball Sponsor on the pre and post match website report for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Ball Sponsor within the Llanharan RFC digital match day programme of your chosen fixture.
- ▶ Regular messages delivered over the loudspeaker system announcing your organisation as the Official Match Ball Sponsor before and during your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor on pre and post match social media posts of your chosen fixture.

**FOR FURTHER INFORMATION PLEASE CONTACT GARETH MORGAN**

# Social



Make Llanharan RFC your preferred venue for weddings, parties and events, with extremely competitive rates and special added discounts for our members.

Interested in hiring a venue then call the club on 01443 222209  
or  
Our Social Secretary Su Gardner-Ponting 07894465622

## FEELING LUCKY?

Club Lottery Tickets are available behind the bar. Draws are made every Thursday.

**This weeks JACKPOT stands at £5000!**



Any changes to the published team will be announced prior to Kick-Off

# The Line-ups

LLANHARAN v COWBRIDGE  
Saturday  
30 March 2024  
DAIRYFIELD  
KICK-OFF 14:30

## Match Sponsors



## MATCH OFFICIAL

REFEREE:  
BRIAN POWELL



## LLANHARAN

- 15 MITCHELL JONES  
FULLBACK/CEFNWR
- 14 JACK PRING  
WING/ASGELLWR
- 13 MORGAN JONES  
CENTRE/CANOLWR
- 12 JACK BROOKS  
CENTRE/CANOLWR
- 11 THOMAS BUCKLE  
WING/ASGELLWR
- 10 LEWIS COGBILL  
OUTSIDEHALF/MASWR
- 9 ROSS PRITCHARD  
SCRUM HALF/MEWWR
- 1 SAM RICHARDS  
PROFY RHENG FLAEN
- 2 GETHIN CASHMORE  
HOOKER/BACHWR
- 3 BRANDON NELSON  
PROFY RHENG FLAEN
- 4 MORGAN PARSONS  
LOCKYR AIL RENG
- 5 JOE BUCKLE  
LOCKYR AIL RENG
- 6 LLOYD GREGORY  
FLANKER/BLAENASGELLWR
- 7 IEUAN EVANS  
FLANKER/BLAENASGELLWR
- 8 OWAIN HOWE  
NO 8/WYTHWR

## REPLACEMENTS

SAM HAYMAN  
IEUAN PRING  
JACK WALKER  
TOM JENKINS  
RHYS TAYLOR



## COWBRIDGE

- 15 E. THOMAS  
FULLBACK/CEFNWR
- 14 A. JAMES  
WING/ASGELLWR
- 13 J. JONES  
CENTRE/CANOLWR
- 12 R. BROWN  
CENTRE/CANOLWR
- 11 C. LOCKE  
WING/ASGELLWR
- 10 R. MORRIS  
OUTSIDEHALF/MASWR
- 9 C. HARRIS  
SCRUM HALF/MEWWR
- 1 G. THOMAS  
PROFY RHENG FLAEN
- 2 M. LUCAS  
HOOKER/BACHWR
- 3 C. BOXALL ©  
PROFY RHENG FLAEN
- 4 T. PENRY-ELLIS  
LOCKYR AIL RENG
- 5 J. FORSYTH  
LOCKYR AIL RENG
- 6 T. EVANS  
FLANKER/BLAENASGELLWR
- 7 B. JONES  
FLANKER/BLAENASGELLWR
- 8 J. BENNETT  
NO 8/WYTHWR

## REPLACEMENTS

L BENNETT  
A. BOWMAN  
O. JOHN  
R. HOWSON  
M. HARRIS