



follow

# The Dairymen

Rhaglen Swyddogol  
Official Digital Programme



DIVISION 3 CUP - QUARTER FINAL

LLANHARAN v LAMPETER



Excel Power Construction Limited  
Official Team Sponsor of Llanharan RFC



#BLACKANDBLUE

#DAIRYMEN

The Dairyfield, Bridgend Road, Llanharan  
Saturday 18.02.2023 | KO 14:00

# LLANHARAN v LAMPETER

DIVISION 3 CUP QUARTER FINAL



## President

Cllr. Geraint Hopkins

## Committee

Hugh James (Chairman)

Chris Langdon  
(Vice Chairman)

Richard Case (Secretary)

Alun Martin (Treasurer)

Phil Hearne (Fixture Secretary)

Gareth Morgan  
(Sponsorship Secretary)

Mark Anderson  
(Mini/Junior Coordinator)

Gareth Ring

Phillip James

Andy Tuite

Paul Williams

Meirion Reynolds

Gemma Woolridge

Daniel Dare-Edwards



## CHAIRMAN'S MESSAGE

### Welcome to the Dairyfield!

A warm welcome to the players and supporters from Lampeter for the quarter final of the WRU Division 3 Cup.

I'm sure today's match will be a hard one, as Lampeter beat Pontyclun our local rivals in the last round of the cup. I know from conversation with the coaches early this week that the boys are up for the challenge.

It promises to be an enjoyable afternoon for both sets of supporters.

However the game goes, I hope both sides enjoy they day. Everyone is welcome to join us in the clubhouse for a refreshment after the game.

Home supporters - don't forget the 6 Nations games will be shown on the big screens next week.

**HUGH JAMES**

CHAIRMAN | LLANHARAN RFC

# Life Members

*Keith Taylor*

*Randal Martin*

*Hugh Smith*

*Brian Mills*

*Diane Pritchard*

*Adrian Tattersall*

# Vice Presidents

*Mark Anderson*

*Albino Alzetta*

*Jan Barbour*

*David Benjamin*

*Philip Benjamin*

*Lynne Callow*

*Richard Case*

*Derek Cashmore*

*Joseph Davis*

*Roy Davies*

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*Jonathan Fletcher*

*Ken Forrester*

*Brian Harris*

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*Huw Lewis*

*David Martin*

*Randal Martin*

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*Chris Pearce*

*Leighton Porter*

*Kevin Price*

*Jeff Phillips*

*Wayne Rees*

*Meirion Reynolds*

*Geraint Roberts*

*Hugh Smith*

*Stuart Smith*

*Glyn Stephens*

*Kenny Stephens*

*Adrian Tattersall*

*Rhys Taylor*

*Keith Taylor*

*David Thomas*

*Mike Thomas*

*David Thorne*

*Steve Thorne*

*Philip Thresher*

*Kath Whitehead*

*Jonathan Windsor*

*Gareth Worgan*

# MORE FROM THE SCRIBE LAMPETER

One of the enjoyable features of WRU cup games is it brings you into contact with new opponents, and today is no different as we entertain our Division Three West guests Lampeter.

To give it its full name, Lampeter Town Rugby Football Club is a member of the Welsh Rugby Union and is a feeder club for the Llanelli Scarlets. It is a well-established club fielding 15 teams, including a Ladies and Youth XV

The 1<sup>st</sup> XV are currently having a good season, sitting on top of Three West A after that 74 -17 thrashing of Cardigan last weekend. Last month they suffered a narrow 18-17 defeat against promotion rivals Aberaeron but followed that setback with some big wins. Their league points tally reads F509 A93 with over 70 tries in 10 games, a record which speaks for itself.

Of course, they beat our neighbours Pontyclun in the last round of the cup. In the qualifying rounds they squeezed out Aberavon Green Stars by virtue of a 12-11 superior try count!

Lampeter is believed to be the first town in Wales to field a rugby union team when in 1850 the Reverend Professor Rowland Williams brought the game with him from Cambridge to St. David's College, Lampeter. Although no evidence exists of the origination of Lampeter RFC as a separate club team from Lampeter College there is written proof of a match in the *Western Mail* between the college team and a Lampeter club in 1879. In 1881 the *Carmarthen Journal* reported representatives from Lampeter were present at the formation of the Welsh Rugby Union.. They play in maroon shirts, their nickname appropriately 'The Maroons', and are based at North Road in the historic academic town. The official formation of the current club is cited as 1875.



HUGH SMITH

## THE SCRIBE LOOKS BACK

Issues of space prevented this look-back from appearing in the Pentyrch programme, so here it is today on another cup occasion.

Ten seasons ago:

### Swalec NATIONAL CHAMPIONSHIP 2012/13

#### JAN 12 LLANHARAN 27 WHITLAND 19 (HT 12 12)

"The boys are growing up fast", was head coach Matthew Lloyd's tribute to our young team as we collected a third consecutive bonus point win.

His comment reflected the way we'd dealt with difficult playing conditions and opponents whose play belied their bottom placed position.

It meant that it was far from a one-way process and Llanharan dominated in patches, only to see the west Walians play catch up whenever the contest seemed a foregone conclusion.

It looked as though Llan had made the game safe when the bonus point fourth try arrived. Effective number eight James Locke made a surging run through the middle, timing his offload to perfection for Evans to finish off, Thomson's kick stretching the gap to 24-12.

However, Whitland were far from dead and buried. They had shown commendable willingness to play football throughout, but went back to basics as they put a penalty out on the five metres line and hooker Mark Jones rounded off the driving maul.

Thomas converted and there was every prospect of an upset, but the indomitable Thomson, making a good job of wearing Rees's ten shirt, ran strongly to create a penalty opportunity, his own successful kick the last of the match and one that deprived a gallant Whitland team of even a consolation bonus point.

Forwards coach Colin Malone, a stalwart of our pack for many years, was pleased that the side had won the second half 15-7 into the gale, praising the heart amongst the players and their desire to win.

A big effort had been demanded in the half time dressing room, and it had been delivered.

#### **LLANHARAN**

**15 Ryan Evans 14 Jack Phillips 13 Morgan Williams 12 Tom Pascoe (Harry Davies 40) 11 Josh Austin**

**10 Harley Thomson 9 Tom Marley 1 James Greenfield 2 Rhys Cleverly (Nathan Huish 48) 3 Tom Piper**

**4 Justin Benfield 5 Bill Carey 6 Huw Thomas 7 Lewis Young 8 James Locke (c) (Andrew Rosen 67)**

**unused replacements: Sam Pick Tom James**

LLANHARAN TRIES Bill Carey, Tom Pascoe, Ryan Evans and Jack Phillips. Cons 2 and pen: Harley Thomson.

WHITLAND TRIES – David Ebsworth, Dafydd Evans, Jonathan Thomas

Mark Jones; cons 2 –

# Commercial Partners

Llanharan RFC would like to thank their sponsors and supporters, for their ongoing contributions.

## Primary Sponsor



## Advertising Board Sponsors



## Scoreboard Sponsors





MANAGEMENT

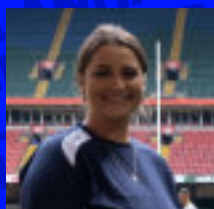
# LLANHARAN



ANDY PRICE  
Assistant Coach



KEVIN JONES  
Assistant Coach



ELLA SKYRME  
Physio



DEREK CASHMORE  
Team Manager



GARETH NICHOLAS  
Head Coach

LEON  
BURTON



BRANDON  
NELSON



IEUAN  
PRING



GETHIN  
CAHMORE



JACK  
THOMPSON



LLOYD  
GREGORY



WILL  
THOMAS



BILL  
CAREY





LEE  
ARTHUR



ROSS  
PRITCHARD



RYAN  
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ALEX  
NEWBOLD



LEWIS  
COGBILL



JACK  
DAUNCEY



SCOTT  
JONES



JACK  
PRING



TOM  
PREECE



CHRIS  
OSBORNE



TOM  
JENKINS



IEUAN  
EVANS



STUART  
GRIFFITHS

MORGAN  
PARSONS

JORDAN  
HUGHES



TOM  
BUCKLE



SHAUN  
O'ROURKE

JACK  
WALKER

RICHARD  
BYERS



TOM  
HARRIS



RHYS  
LANGDON



LOUIS  
STANSBURY





# NATIONAL LEAGUE & DIVISION 3 CUP

## 2022/23 FIXTURES



18/02/2023

**LLANHARAN** v **LAMPETER**



**WATCH THE 6 NATIONS CHAMPIONSHIP AT LLANHARAN RFC**

24/02/2023

Penygraig v **LLANHARAN**

04/03/2023

**LLANHARAN** v Cardiff Quins

10/03/2023

**LLANHARAN** v Pontyclun

17/03/2023

**LLANHARAN** v Tylorstown

25/03/2023

CRCC v **LLANHARAN**

01/04/2023

Old Illtydians v **LLANHARAN**

08/04/2023

Canton v **LLANHARAN**

15/04/2023

**LLANHARAN** v St Albans

22/04/2023

Tylorstown v **LLANHARAN**

29/04/2023

**LLANHARAN** v Fairwater

**Home games at The Dairyfield, Llanharan. CF72 9RD**

**Division 3 Cup Games in GREEN**

**Matchday Sponsorship Packages are available  
Contact Sponsorship Secretary Gareth Morgan for more information  
[garlouluclo@gmail.com](mailto:garlouluclo@gmail.com) / 07971 556 265**

**18 February 2023**

### **Division 3 Cup Quarter Finals**

**Abercrave v Vardre**

**LLANHARAN v Lampeter Town**

**St Clears v Mold**

**Tylorstown v Abertillery B G**

### **Division 3 EAST CENTRAL**

**Cardiff Quins v Pentyrch**

**Fairwater v Canton**

**Old Illts v Penarth**

**Pontyclun v CR Cymry Caerdydd**

# Recruitment



**RECRUITING U10's RUGBY**

**TRAINING SESSION**  
Brynna 3G Pitch  
MONDAY 7-8 PM

Hannah 07687 811926

*kiddysnet*

LLANHARAN R.F.C.



**PLAYER RECRUITMENT**

**TRAINING WEDNESDAYS @ 5.30PM U12'S**

FRIENDSHIP • FITNESS • TEAMWORK • RESPECT

#teamworkmakesthedreamwork

**INTERESTED?**

NO MATTER YOUR EXPERIENCE, ABILITY OR LEVEL OF FITNESS, COME JOIN OUR COMMUNITY AND EMBRACE THE FUN!

CONTACT: FLUMPY 07862262940  
THEBIGFLUMPOWSKY@HOTMAIL.CO.UK

 Our Black And Blue Community

  
LLANHARAN R.F.C.



**RHINOS @LLANHARAN RFC**

GIRLS RUGBY AT LLANHARAN RFC

Contact Amy 07951946096

  
LLANHARAN R.F.C.

The Rhinos train currently at Y Pant on Thursdays for winter training 6-7pm

Looking for new players to join us, all abilities welcome.



**LLANHARAN RFC YOUTH**

TRAINING EVERY THURSDAY ON THE DAIRY FIELD (MAIN PITCH)

6PM  
16 - 18 YEAR OLDS

CONTACT PHIL HEARNE  
07795 085225

  
LLANHARAN R.F.C.



# NATIONAL LEAGUE DIVISION 3



## LEAGUE - EAST CENTRAL 3

POS	TEAM	PL	W	D	L	TB	LB	PTS
1	PENARTH	9	8	0	1	7	1	40
2	ST. ALBANS	10	8	0	2	5	0	37
3	PENTYRCH	6	6	0	0	3	0	27
4	LLANHARAN	6	5	0	1	2	0	22
5	CRCC	9	4	1	4	1	2	21
6	FAIRWATER	6	3	1	2	1	1	16
7	PENYGRAIG	9	3	0	6	2	2	16
8	CANTON	10	2	0	8	3	5	16
9	PONTYCLUN	7	3	0	4	2	1	15
10	CARDIFF QUINS	9	3	0	6	1	0	13
11	TYLORSTOWN	9	1	1	7	1	3	10
12	OLD ILLTYDIANS	8	1	1	6	0	2	8



**New Merch  
Available Soon**



# 2022/23 COMMERCIAL OPPORTUNITIES

## PITCH SIDE PERIMETER BOARD SPONSORSHIP

### PITCH SIDE PERIMETERBOARD

Benefits of this package include:

- ▶ A large perimeter board to be displayed at all 2021/2022 Llanharan RFC home fixtures.
- ▶ Discounted rates for future seasons.
- ▶ Access to an annual sponsors day event, to include a buffet and 2 free drinks.



## MATCH AND MATCH BALL SPONSORSHIP

### EXCLUSIVE MATCH SPONSORSHIP

Benefits of this package include:

- ▶ 10 invited guests for pre match, half time and post match hospitality for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor on the pre and post match website report for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor within the Llanharan RFC digital match day programme of your chosen fixture.
- ▶ Regular messages delivered over the loudspeaker system announcing your organisation as the Official Match Sponsor before and during your chosen fixture.
- ▶ The opportunity to select the Llanharan RFC man of the match and present the post match award to the selected player at your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisations the Official Match Sponsor on pre and post match social media posts of your chosen fixture.

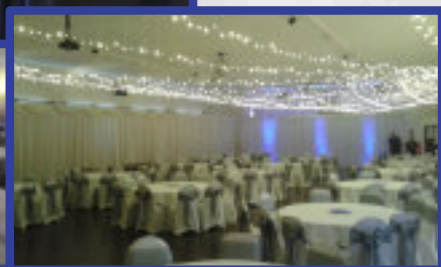
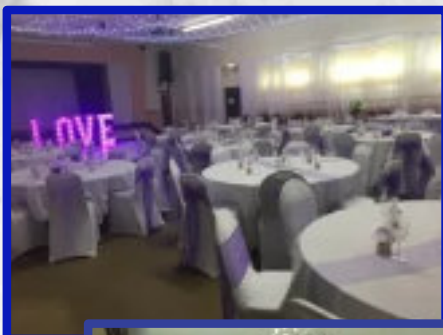
### EXCLUSIVE MATCH BALL SPONSORSHIP

Benefits of this package include:

- ▶ 2 invited guests for pre match, half time and post match hospitality for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Ball Sponsor on the pre and post match website report for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Ball Sponsor within the Llanharan RFC digital match day programme of your chosen fixture.
- ▶ Regular messages delivered over the loudspeaker system announcing your organisation as the Official Match Ball Sponsor before and during your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor on pre and post match social media posts of your chosen fixture.

**FOR FURTHER INFORMATION PLEASE CONTACT GARETH MORGAN**

# Social



Make Llanharan RFC your preferred venue for weddings, parties and events, with extremely competitive rates and special added discounts for our members.

Interested in hiring a venue then call the club on 01443 222209  
or

Our Social Secretary Su Gardner-Ponting 07894465622

## FEELING LUCKY?

Club Lottery Tickets are available behind the bar. Draws are made every Thursday.

**This weeks JACKPOT stands at £5000!**





LLANHARAN RFC



# VICE PRESIDENTS HOSPITALITY FIXTURES

As part of our generous Vice Presidents package we are pleased to announce the fixtures that have been allocated for hospitality for the Season 2022/23, that includes a buffet and drink allocation.

**V FAIRWATER 29/04/23**

DATES ARE SUBJECT TO CHANGE

To upgrade your membership:  
Contact Gareth Ring  
07813 847590  
garethring0@aol.com



# WELSH WRESTLING

LIVE ENTERTAINMENT FOR ALL THE FAMILY



## CIAN CASE MEMORIAL SHOW

**LLANHARAN**  
**LLANHARAN RFC**

**Sunday 26th Feb**  
**Tickets from**  
**[WelshWrestling.com](http://WelshWrestling.com)**

Any changes to the published team will be announced prior to Kick-Off

# The Line-ups



## LLANHARAN

- 15** HARLEY THOMSON  
FULLBACK/CEFNWR
- 14** JACK PRING  
WING/ASGELLWR
- 13** ROSS PRITCHARD  
CENTRE/CANOLWR
- 12** LEE ARTHUR  
CENTRE/CANOLWR
- 11** RYAN RUSSELL  
WING/ASGELLWR
- 10** LEWIS COGBILL  
OUTSIDEHALF/MASWR
- 9** LEON BURTON  
SCRUM HALF/MEIWR
- 1** WILL THOMAS  
PROFY RHENG FLAEN
- 2** JACK WALKER  
HOOKER/BACHWR
- 3** JACK DAUNCEY  
PROFY RHENG FLAEN
- 4** KIERAN MARTIN  
LOCKYR AIL RENG
- 5** MORGAN PARSONS  
LOCKYR AIL RENG
- 6** OWAIN HOWE  
FLANKER/BLAENASGELLWR
- 7** LLOYD GREGORY  
FLANKER/BLAENASGELLWR
- 8** IEUAN PRING  
NO.8/WYTHWR

## REPLACEMENTS

BRANSON NELSON  
JACK THOMSON  
IEUAN EVANS  
TOM BUCKLE  
GETHIN CASHMORE  
ALEX NEWBOLD  
TOM HARRIS  
SCOTT JONES

## LAMPETER

- 15** RHYS DOUGLAS  
FULLBACK/CEFNWR
- 14** JAC WILLIAMS  
WING/ASGELLWR
- 13** GETHIN DAVIES  
CENTRE/CANOLWR
- 12** TOMOS RHYS JONES  
CENTRE/CANOLWR
- 11** MEIRION LLOYD  
WING/ASGELLWR
- 10** OSIAN JONES  
OUTSIDEHALF/MASWR
- 9** GUTO EBBSWORTH  
SCRUM HALF/MEIWR
- 1** RYAN KELACHANDRA  
PROFY RHENG FLAEN
- 2** ALED JACOB  
HOOKER/BACHWR
- 3** JOHN HEATH  
PROFY RHENG FLAEN
- 4** RHODRI WILLIAMS  
LOCKYR AIL RENG
- 5** CARWYN ROSSER  
LOCKYR AIL RENG
- 6** DAF LEWIS  
FLANKER/BLAENASGELLWR
- 7** IFAN-JOHN DAVIES  
FLANKER/BLAENASGELLWR
- 8** BRYNMOR JONES  
NO.8/WYTHWR

## REPLACEMENTS

MORGAN JAMES  
MORGAN LEWIS  
NATHAN MACKIE  
GUTO JONES  
RYAN HOLMES  
EMYR RICHARDS  
GLYN JONES  
IESTYN EVANS

LLANHARAN v LAMPETER  
Saturday  
18 February 2023  
DAIRYFIELD  
KICK-OFF 14:00

## MATCH OFFICIAL

REFEREE:  
MIKE SHEEHAN