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Rhaglen Swyddogol
Official Digital Programme



DIVISION 3 EAST CENTRAL

LLANHARAN v CARDIFF QUINS



Excel Power Construction Limited
Official Team Sponsor of Llanharan RFC
and Match Sponsor



The Dairyfield, Bridgend Road, Llanharan
Saturday 04.03.2023 | KO 14:30

#BLACKANDBLUE

#DAIRYMEN

LLANHARAN v CARDIFF QUINS

DIVISION 3 EAST CENTRAL



CHAIRMAN'S MESSAGE

President

Cllr. Geraint Hopkins

Committee

Hugh James (Chairman)

Chris Langdon
(Vice Chairman)

Richard Case (Secretary)

Alun Martin (Treasurer)

Phil Hearne (Fixture Secretary)

Gareth Morgan
(Sponsorship Secretary)

Mark Anderson
(Mini/Junior Coordinator)

Gareth Ring

Phillip James

Andy Tuite

Paul Williams

Meirion Reynolds

Gemma Woolridge

Daniel Dare-Edwards

Welcome to the Dairyfield!

I'd like to welcome Cardiff Quins players and supporters to the Dairyfield for our league match today.

Firstly I'd like to congratulate the boys on a good win last week against Penygraig. It was a tough game for us, but was good to walk away with a bonus point.

I'm sure you will all enjoy another great game of rugby here again today.

Players and supporters from both sides are welcome to join us in the clubhouse after the game for a refreshment or two.

HUGH JAMES

CHAIRMAN | LLANHARAN RFC

In Memoriam



Brian Mills

Llanharan RFC are sad to report the passing of former Coach, Team Manager and President of the club Brian Mills.

Former club Press/Media Officer Hugh Smith, has written a fitting tribute to Brian:

Millsy was a tremendous character. You knew exactly where you were with him. To coin a phrase, "he wore his heart on his sleeve". But his views were always underpinned by strong principles, and in particular, a passion for Llanharan RFC.

On the playing side, he contributed hugely to our finest years, the pinnacle undoubtedly our advent to the Premier league.

The former scrum half, good enough to play the first-class game for the likes of Newport, will go down in the annals of Llanharan greats, his fervour unmatched and his input unequalled.

Of course, he had the support of Gail and the family he adored so much. I would sometimes rib this man of Gwent about stealing one of the village's prettiest girls, Gail hailing from just a stone's throw away from the club!

And it is to Gail and the family that our thoughts now turn – may they be comforted by the colossal regard in which Brian is held at Llanharan RFC.

A legend has left us, but the legacy of Brian Mills lives on in the thriving enterprise that is Llanharan RFC today.

Hugh Smith



Life Members

Keith Taylor

Randal Martin

Hugh Smith

Brian Mills

Diane Pritchard

Adrian Tattersall

Vice Presidents

Mark Anderson

Albino Alzetta

Jan Barbour

David Benjamin

Philip Benjamin

Lynne Callow

Richard Case

Derek Cashmore

Joseph Davis

Roy Davies

Jonathan Davies

Ian Davies

Dennis Donovan

Emrys Evans

Jonathan Fletcher

Ken Forrester

Brian Harris

Phil Hearne

Robert Huckridge

Hugh James

Philip James

Richard Jenkins

Alan Jenkins

Chris Langdon

Rhys Langdon

Robert Legg

Huw Lewis

David Martin

Randal Martin

Alun Martin

Jeffrey North

Vivian Neate

Chris Pearce

Leighton Porter

Kevin Price

Jeff Phillips

Wayne Rees

Meirion Reynolds

Geraint Roberts

Hugh Smith

Stuart Smith

Glyn Stephens

Kenny Stephens

Adrian Tattersall

Rhys Taylor

Keith Taylor

David Thomas

Mike Thomas

David Thorne

Steve Thorne

Philip Thresher

Kath Whitehead

Jonathan Windsor

Gareth Worgan

MORE FROM THE SCRIBE **CARDIFF QUINS**

Cardiff Harlequins Rugby Football Club owes its existence to a decision by Cardiff High School to adopt rugby as the main winter sport in 1921, instead of football. Three players went on to appear for Wales in the decade - John Roberts, Bill Roberts, and Harry Bowcott. In 1928 an old boys club was formed, its first game against Cardiff RFC on the Cardiff Arms Park. In 1962, they acquired the Melingriffith Tinplate Company site, renaming it the Diamond Ground after a former headteacher. Membership was opened to all-comers in 1966, having previously been restricted to old boys of the school. In the early 1990's, the late Vernon Pugh QC led the re-branding of the club as Cardiff Harlequins RFC replacing the former H.S.O.B. Fortunes have fluctuated in the subsequent years, one of the more recent highlights being 4 East Champions in 2011-12. Incidentally, we beat the Quins 77-10 in an East District final in 2010.

When we last played them in February 2020, they sat bottom of the table, so things are a bit better this time round with three wins in their ten games to date. They started the 2022/23 league with a win then suffered some heavy defeats one of them against ourselves, and failed to win a cup group game. However, two wins over Cardiff rivals Canton and Rugby Caerdydd to start 2023 gave renewed hope, though they could have wished for lesser forces than Penarth and Pentyrch in their subsequent games, both heavy defeats



HUGH SMITH

THE SCRIBE LOOKS BACK

Ten seasons ago:

March 8 2013 Llanharan 17 13 Bargoed

We struck top form in this Friday night encounter with second placed Bargoed, winning despite twice being handicapped by yellow cards. The visitors had lost just once to leaders Ebbw Vale in a successful season and also knocked premiership team Bridgend out of the Swalec cup to earn a quarter final tie at Neath.

They arrived understandably full of confidence, but we delivered the sort of performance that our young and talented squad was always capable of.

A rousing team talk by head coach Matthew Lloyd before the kick off set the tone and skipper Nathan Huish did the rest once the game started, leading his pack in a storming display.

We won through capitalising on the chances that came our way, our scores protected by an often heroic and stern defence.

After some fine footwork and dribbling skills, wing Harry Davies scored making it 17-13 to Llanharan with 10 minutes to go.

Bargoed tried hard to overturn the lead, their offensive resulting in another yellow card for Llanharan, back row man Lewis Young this time on the receiving end joining Tom Marley as an earlier recipient of the sanction.

But despite their best efforts, the determination and team spirit of their opponents kept them out and we had recorded perhaps our best victory of the campaign

LLANHARAN:

15 Loren Quick 14 Harry Davies 13 Morgan Williams 12 Harley Thomson 11 Rhys Walker 10 Ryan Evans 9 Tom Marley 1 James Greenfield 2 Nathan Huish (c) 3 Tom Piper 4 Bill Carey 5 Justin Benfield 6 Huw Thomas 7 Lewis Young (Scott Malone) 8 James Locke

Home tries - Rhys Walker, James Greenfield, Harry Davies. Con - Harley Thomson

Bargoed tries – Darren Lynch, Andrew McLoughlin. Pen – Josh Prosser

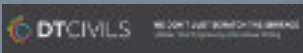
Commercial Partners

Llanharan RFC would like to thank their sponsors and supporters, for their ongoing contributions.

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MANAGEMENT

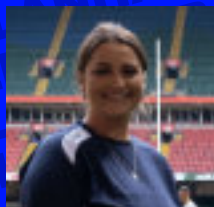
LLANHARAN



ANDY PRICE
Assistant Coach



KEVIN JONES
Assistant Coach



ELLA SKYRME
Sports Therapist



DEREK CASHMORE
Team Manager



GARETH NICHOLAS
Head Coach

LEON
BURTON



BRANDON
NELSON



IEUAN
PRING



GETHIN
CAHMORE



JACK
THOMPSON



LLOYD
GREGORY



WILL
THOMAS



BILL
CAREY



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LEWIS
COGBILL



JACK
DAUNCEY



SCOTT
JONES



JACK
PRING



TOM
PREECE



CHRIS
OSBORNE



TOM
JENKINS



IEUAN
EVANS



STUART
GRIFFITHS

MORGAN
PARSONS

JORDAN
HUGHES



TOM
BUCKLE



SHAUN
O'ROURKE

JACK
WALKER

RICHARD
BYERS



TOM
HARRIS



RHYS
LANGDON



LOUIS
STANSBURY





NATIONAL LEAGUE DIVISION 3 EAST CENTRAL 2022/23 FIXTURES



**WATCH THE 6 NATIONS
CHAMPIONSHIP AT
LLANHARAN RFC**

04/03/2023	LLANHARAN	v Cardiff Quins
10/03/2023		
17/03/2023	LLANHARAN	v Tylorstown
25/03/2023	CRCC	v LLANHARAN

01/04/2023	Old Illtydians	v LLANHARAN
08/04/2023	Canton	v LLANHARAN
15/04/2023	LLANHARAN	v St Albans
22/04/2023	Tylorstown	v LLANHARAN
29/04/2023	LLANHARAN	v Fairwater
12/05/2023	LLANHARAN	v Pentyrch

**Home games at The Dairyfield,
Llanharan. CF72 9RD**

**Matchday Sponsorship
Packages are available
Contact Sponsorship
Secretary Gareth Morgan for
more information
garlouluclo@gmail.com /
07971 556 265**

LEAGUE - EAST CENTRAL 3

Teams	P	W	D	L	Pts
Penarth	11	10	0	1	50
St Albans	11	8	0	3	37
Pentyrch	8	7	0	1	33
LLANHARAN	8	7	0	1	32
Fairwater	7	4	1	2	21
CR Cymry Caerdydd	10	4	1	5	21
Pontyclun	8	4	0	4	19
Penygraig	10	3	0	7	17
Canton	11	2	0	9	16
Cardiff Quins	10	3	0	7	13
Tylorstown	9	1	1	7	10
Old Illtydians	9	1	1	7	4

4 March 2023

Canton	v	Pontyclun
CR CC	v	Penygraig
LLANHARAN	v	Cardiff Quins
Penarth	v	St Albans
Pentyrch	v	Old Illtydians
Tylorstown	v	Fairwater

OddBaLLs



**Available
for £15**

Contact Gemma
07793054630 to
make an order

Recruitment



RECRUITING U10's RUGBY

TRAINING SESSION
Brynna 3G Pitch
MONDAY 7-8 PM

Hannah 07687 811926

kiddysnet

LLANHARAN R.F.C.



PLAYER RECRUITMENT

U12'S

TRAINING WEDNESDAYS @ 5.30PM

FRIENDSHIP • FITNESS • TEAMWORK • RESPECT

#teamworkmakesthedreamwork

INTERESTED?

NO MATTER YOUR EXPERIENCE, ABILITY OR LEVEL OF FITNESS, COME JOIN OUR COMMUNITY AND EMBRACE THE FUN!

CONTACT: FLUMPY 07862262940
THEBIGFLUMPOWSKY@HOTMAIL.CO.UK

 Our Black And Blue Community


LLANHARAN R.F.C.



RHINOS @LLANHARAN RFC

GIRLS RUGBY AT LLANHARAN RFC

Contact Amy 07951946096


LLANHARAN R.F.C.

The Rhinos train currently at Y Pant on Thursdays for winter training 6-7pm

Looking for new players to join us, all abilities welcome.



LLANHARAN RFC YOUTH

TRAINING EVERY THURSDAY ON THE DAIRY FIELD (MAIN PITCH)

6PM
16 - 18 YEAR OLDS

CONTACT PHIL HEARNE
07795 085225


LLANHARAN R.F.C.



2022/23 COMMERCIAL OPPORTUNITIES

PITCH SIDE PERIMETER BOARD SPONSORSHIP

PITCH SIDE PERIMETERBOARD

Benefits of this package include:

- ▶ A large perimeter board to be displayed at all 2021/2022 Llanharan RFC home fixtures.
- ▶ Discounted rates for future seasons.
- ▶ Access to an annual sponsors day event, to include a buffet and 2 free drinks.



MATCH AND MATCH BALL SPONSORSHIP

EXCLUSIVE MATCH SPONSORSHIP

Benefits of this package include:

- ▶ 10 invited guests for pre match, half time and post match hospitality for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor on the pre and post match website report for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor within the Llanharan RFC digital match day programme of your chosen fixture.
- ▶ Regular messages delivered over the loudspeaker system announcing your organisation as the Official Match Sponsor before and during your chosen fixture.
- ▶ The opportunity to select the Llanharan RFC man of the match and present the post match award to the selected player at your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisations the Official Match Sponsor on pre and post match social media posts of your chosen fixture.

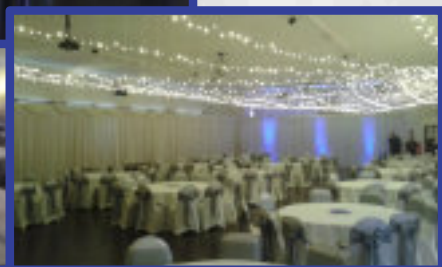
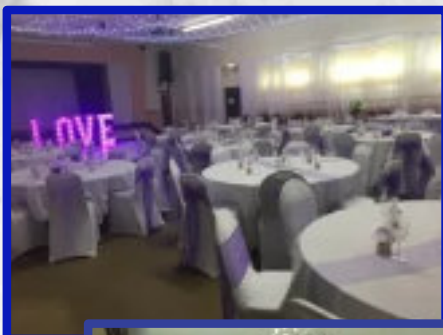
EXCLUSIVE MATCH BALL SPONSORSHIP

Benefits of this package include:

- ▶ 2 invited guests for pre match, half time and post match hospitality for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Ball Sponsor on the pre and post match website report for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Ball Sponsor within the Llanharan RFC digital match day programme of your chosen fixture.
- ▶ Regular messages delivered over the loudspeaker system announcing your organisation as the Official Match Ball Sponsor before and during your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor on pre and post match social media posts of your chosen fixture.

FOR FURTHER INFORMATION PLEASE CONTACT GARETH MORGAN

Social



Make Llanharan RFC your preferred venue for weddings, parties and events, with extremely competitive rates and special added discounts for our members.

**Interested in hiring a venue then call the club on 01443 222209
or
Our Social Secretary Su Gardner-Ponting 07894465622**

FEELING LUCKY?

Club Lottery Tickets are available behind the bar. Draws are made every Thursday.

This weeks JACKPOT stands at £5000!



LLANHARAN RFC



VICE PRESIDENTS HOSPITALITY FIXTURES

As part of our generous Vice Presidents package we are pleased to announce the fixtures that have been allocated for hospitality for the Season 2022/23, that includes a buffet and drink allocation.

V FAIRWATER 29/04/23

DATES ARE SUBJECT TO CHANGE

To upgrade your membership:
Contact Gareth Ring
07813 847590
garethring0@aol.com



Any changes to the published team will be announced prior to Kick-Off

The Line-ups



LLANHARAN v QUINS
Saturday
4 March 2023
DAIRYFIELD
KICK-OFF 14:30

MATCH OFFICIAL

REFEREE:
STEVE SMITH

LLANHARAN

- 15** JACK PRING
FULLBACK/CEFNWR
- 14** TOM BUCKLE
WINGASGELLWR
- 13** HARLEY THOMSON
CENTRE/CANOLWR
- 12** ROSS PRITCHARD
CENTRE/CANOLWR
- 11** STU GRUFFITHS
WINGASGELLWR
- 10** LEWIS COGBILL
OUTSIDEHALF/MASWR
- 9** LEON BURTON
SCRUM HALF/MEWNWR
- 1** GETHIN CASHMORE
PROFY RHENG FLAEN
- 2** TOM JENKINS
HOOKER/BACHWR
- 3** SAM RICHARDS
PROFY RHENG FLAEN
- 4** RICHARD BYERS
LOCKYR AIL RENG
- 5** MORGAN PARSONS
LOCKYR AIL RENG
- 6** OWAIN HOWE
FLANKER/BLAENASGELLWR
- 7** IEUAN EVANS
FLANKER/BLAENASGELLWR
- 8** IEUAN PRING
NO BAWYTHWR

REPLACEMENTS

TOM HARRIS
JACK DAUNCEY
CHRIS OSBOURNE
JACK THOMSON
LEE ARTHUR

CARDIFF QUINS

T OWENS
C ROSS
J MINTO
A DAVIES
E JONES
J PRICE
R WILLIAMS
A HILL
J O'SHEA
D BARRATT
S GWYNNE-CARROLL
A BROAD
I McDOUGALL
D MAIDMENT
L DOVEY
S POWELL
O EVANS
I HUGHES
S GRIFFITHS
E HUGHES