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Rhaglen Swyddogol
Official Digital Programme



DIVISION 3 EAST CENTRAL

LLANHARAN vs ST ALBANS



Excel Power Construction Limited
Official Team Sponsor of Llanharan RFC



#BLACKANDBLUE

#DAIRYMEN

The Dairyfield, Bridgend Road, Llanharan
Saturday 15.04.2023 | KO 14:30

LLANHARAN v St ALBANS

DIVISION 3 EAST CENTRAL



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Cllr. Geraint Hopkins

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Chris Langdon
(Vice Chairman)

Richard Case (Secretary)

Alun Martin (Treasurer)

Phil Hearne (Fixture Secretary)

Gareth Morgan
(Sponsorship Secretary)

Mark Anderson
(Mini/Junior Coordinator)

Gareth Ring

Phillip James

Andy Tuite

Paul Williams

Meirion Reynolds

Gemma Woolridge

Daniel Dare-Edwards



CHAIRMAN'S MESSAGE

Welcome to the Dairyfield for this Division 3 East Central top of the table clash!

A big welcome to all visitors and players from St Albans. Also a warm welcome to all officials for today's match.

We have faced St Albans in some intense and entertaining encounters in both league and cup since rugby resumed post covid, and I'm sure that this afternoon's game will be no exception.

As the season enters its last few weeks, both teams will be eyeing a potential promotion into Division 2.

As usual, we invite everyone to join us after the game to enjoy a beverage or 2 and perhaps watch your horse get a result in The Grand National.

HUGH JAMES

CHAIRMAN | LLANHARAN RFC

Life Members

Keith Taylor

Randal Martin

Hugh Smith

Brian Mills

Diane Pritchard

Adrian Tattersall



Vice Presidents

Mark Anderson

Albino Alzetta

Jan Barbour

David Benjamin

Philip Benjamin

Lynne Callow

Richard Case

Derek Cashmore

Joseph Davis

Roy Davies

Jonathan Davies

Ian Davies

Dennis Donovan

Emrys Evans

Jonathan Fletcher

Ken Forrester

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Meirion Reynolds

Geraint Roberts

Hugh Smith

Stuart Smith

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Kenny Stephens

Adrian Tattersall

Rhys Taylor

Keith Taylor

David Thomas

Mike Thomas

David Thorne

Steve Thorne

Philip Thresher

Kath Whitehead

Jonathan Windsor

Gareth Worgan

MORE FROM THE SCRIBE

St Albans

They began life in September 1896, with defeat to Roath in the Cardiff & District "Union Shield". The team was possibly established by members of St Albans Brass Band from the Splott and Tremorfa area. Over the years that followed they had a few homes, the Bomb & Dagger, Grosvenor Hotel, Moorlands Hotel, among them, but always playing on Splott Park. However, in 1970 the Buns moved a mile or so down the road to Tremorfa Park and their first clubhouse, the old Billet block house on the former Cardiff airport. The current club house was built nearby in 2002. In 1956 they had won the Ninian Stuart Cup and the Cardiff and District sevens trophy. Since then, they have gone on to gain many honours, including the Mallet cup 4 times and the Ninian Stuart cup 5 times - and are still the only Junior club in Wales to win the Welsh Districts Cup three times, helping them earn WRU status.

Season 2013/14 out-shone all the achievements of the past when the WRU Division 5 South East Championship was won. The Buns were sitting 4th when the pandemic struck, having claimed an East Central Three A place with promotion 2018/19.

2022-23 has been a good season for the Buns of course, an opening 57-14 win against Penygraig a hint of what was to come. Of course, we were awarded the game there in December, the Cardiff side then beginning a good run, four consecutive wins culminating in a 23-10 success against leaders Penarth, ample revenge for the defeat to the seaisiders earlier in the campaign. They were however pipped by Abertillery BG in the cup pool.

However, they are in decent form of late and there was an agonisingly close one-point defeat to Pentyrch.

So, the Buns arrive here today as promotion rivals and determined to cement their place in the top three. Game on!

HUGH SMITH



THE SCRIBE LOOKS BACK TEN YEARS

SWALEC NATIONAL CHAMPIONSHIP MARCH 30 2013 GLAMORGAN WANDERERS 26 21 LLANHARAN (HT 13-10)

This was a third defeat in as many games for us as we allowed relegation threatened Wanderers a vital win.

We always looked to have the potential to succeed, but all too often failed to sustain forward momentum from initial pressure.

The crucial turning point came ten minutes from time just as the visitors looked to be gathering the impetus for victory, trailing just 19-16.

Full back Ed Doe intercepted as the ball moved along the line and raced three quarters of the length of the field, Ianto Griffiths converting for a decisive 26-16 advantage.

To their credit Nathan Huish's men still went for what was now an unlikely win, and worked Rhys Walker over the line for a third try.

It needed one more, but although a raking Tom Pascoe kick gave us another platform to play from, possession was lost and Wanderers rightly celebrated.

LLANHARAN:

15 LOREN QUICK 14 RHYS WALKER 13 TOM PASCOE 12 MORGAN WILLIAMS 11 SION SUMMERS 10 RYAN EVANS 9 TOM MARLEY (ROSS PRITCHARD 63) 1 JAMES GREENFIELD
2 NATHAN HUISH (C) 3 TOM PIPER (RHYS HAINES 84) 4 ANDREW ROSEN (ALED LLEWELLYN 45) 5 DAN PARTRIDGE 6 LEWIS YOUNG (CALLUM THOMAS 45) 7 SCOTT MALONE 8 HUW THOMAS.
UNUSED REPLACEMENTS: RHYS CLEVERLY DAI LAKIN

Wanderers scores: tries – Will Higgins, Ed Doe. Con and pens 4 – Ianto Griffiths.

Llanharan scores: tries – Tom Pascoe, Morgan Williams, Rhys Walker. Pens 2 – Ryan Evans.

Commercial Partners

Llanharan RFC would like to thank their sponsors and supporters, for their ongoing contributions.

Primary Sponsor



Advertising Board Sponsors



Scoreboard Sponsors





NATIONAL LEAGUE DIVISION 3 EAST CENTRAL 2022/23 FIXTURES



LLANHARAN REMAINING FIXTURES

15/04/2023	LLANHARAN	v	St Albans
19/04/2023	Penarth	v	LLANHARAN
22/04/2023	Tylorstown	v	LLANHARAN
26/04/2023	Pontyclun	v	LLANHARAN
29/04/2023	LLANHARAN	v	Fairwater
06/05/2023	LLANHARAN	v	Canton
12/05/2023	LLANHARAN	v	Pentyrch

Home games at The Dairyfield,
Llanharan. CF72 9RD

Matchday Sponsorship
Packages are available
Contact Sponsorship
Secretary Gareth Morgan for
more information
garlouluclo@gmail.com /
07971 556 265



LEAGUE - EAST CENTRAL 3

Team	P	W	D	L	PTS
Penarth	17	15	0	2	73
Llanharan	14	13	0	1	62
St Albans	15	11	0	4	48

Promotion

Pentyrch	12	10	0	2	48
Fairwater	12	8	1	3	40
CRCC	15	6	1	8	34
Penygraig	14	5	0	9	28
Pontyclun	13	5	0	8	26
Canton	16	4	0	12	26
Cardiff Quins	15	3	0	12	12
Tylorstown	13	1	1	11	12
Old Illtydians	14	2	1	11	5

OddBaLLs



Available
for £15

Contact Gemma
07793054630 to
make an order

Recruitment



RECRUITING U10's RUGBY

TRAINING SESSION
Brynna 3G Pitch
MONDAY 7-8 PM

Hannah 07687 811926

kiddysnet

This poster features a group of young boys in blue and black rugby kits posing on a grassy field. The text is overlaid on the image, with a white banner at the bottom containing the training session details.



PLAYER RECRUITMENT

U12'S

TRAINING WEDNESDAYS @ 5.30PM

FRIENDSHIP • FITNESS • TEAMWORK • RESPECT

#teamworkmakesthedreamwork

INTERESTED?

NO MATTER YOUR EXPERIENCE, ABILITY OR LEVEL OF FITNESS, COME JOIN OUR COMMUNITY AND EMBRACE THE FUN!

Contact: Lucy Edwards 07479 550173
Simon Williams 07788 207883

 Our Black And Blue Community



LLANHARAN R.F.C.

This poster shows a large group of young players in blue and black kits posing in a stadium. The text is overlaid on the image, with a white banner at the bottom containing the training session details and a list of values.



RHINOS @LLANHARAN RFC

GIRLS RUGBY AT LLANHARAN RFC

Contact Amy 07951946096





This poster features a group of girls in blue and black rugby kits posing on a grassy field. The text is overlaid on the image, with a white banner at the bottom containing the contact information.

The Rhinos train currently at Y Pant on Thursdays for winter training 6-7pm

Looking for new players to join us, all abilities welcome.



LLANHARAN RFC YOUTH

TRAINING EVERY THURSDAY ON THE DAIRY FIELD (MAIN PITCH)

6PM
16 - 18 YEAR OLDS

CONTACT PHIL HEARNE
07795 085225



LLANHARAN R.F.C.

This poster shows a group of young players in blue and black kits running on a grassy field. The text is overlaid on the image, with a white banner at the bottom containing the training session details and contact information.



LLANHARAN RFC



VICE PRESIDENTS HOSPITALITY FIXTURES

As part of our generous Vice Presidents package we are pleased to announce the fixtures that have been allocated for hospitality for the Season 2022/23, that includes a buffet and drink allocation.

V FAIRWATER 29/04/23

DATES ARE SUBJECT TO CHANGE

To upgrade your membership:
Contact Gareth Ring
07813 847590
garethring0@aol.com





MANAGEMENT

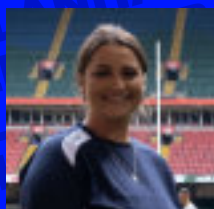
LLANHARAN



ANDY PRICE
Assistant Coach



KEVIN JONES
Assistant Coach



ELLA SKYRME
Sports Therapist



DEREK CASHMORE
Team Manager



GARETH NICHOLAS
Head Coach

LEON
BURTON



BRANDON
NELSON



IEUAN
PRING



GETHIN
CAHMORE



JACK
THOMPSON



LLOYD
GREGORY



WILL
THOMAS



BILL
CAREY



LEE
ARTHUR



ROSS
PRITCHARD



RYAN
RUSSELL



ALEX
NEWBOLD



LEWIS
COGBILL



JACK
DAUNCEY



SCOTT
JONES



JACK
PRING



TOM
PREECE



CHRIS
OSBORNE



TOM
JENKINS



IEUAN
EVANS



STUART
GRIFFITHS

MORGAN
PARSONS

JORDAN
HUGHES



TOM
BUCKLE



SHAUN
O'ROURKE

JACK
WALKER

RICHARD
BYERS



TOM
HARRIS



RHYS
LANGDON



LOUIS
STANSBURY





2022/23 COMMERCIAL OPPORTUNITIES

PITCH SIDE PERIMETER BOARD SPONSORSHIP

PITCH SIDE PERIMETERBOARD

Benefits of this package include:

- ▶ A large perimeter board to be displayed at all 2021/2022 Llanharan RFC home fixtures.
- ▶ Discounted rates for future seasons.
- ▶ Access to an annual sponsors day event, to include a buffet and 2 free drinks.



MATCH AND MATCH BALL SPONSORSHIP

EXCLUSIVE MATCH SPONSORSHIP

Benefits of this package include:

- ▶ 10 invited guests for pre match, half time and post match hospitality for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor on the pre and post match website report for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor within the Llanharan RFC digital match day programme of your chosen fixture.
- ▶ Regular messages delivered over the loudspeaker system announcing your organisation as the Official Match Sponsor before and during your chosen fixture.
- ▶ The opportunity to select the Llanharan RFC man of the match and present the post match award to the selected player at your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisations the Official Match Sponsor on pre and post match social media posts of your chosen fixture.

EXCLUSIVE MATCH BALL SPONSORSHIP

Benefits of this package include:

- ▶ 2 invited guests for pre match, half time and post match hospitality for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Ball Sponsor on the pre and post match website report for your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Ball Sponsor within the Llanharan RFC digital match day programme of your chosen fixture.
- ▶ Regular messages delivered over the loudspeaker system announcing your organisation as the Official Match Ball Sponsor before and during your chosen fixture.
- ▶ Logo placement supported by a statement naming your organisation as the Official Match Sponsor on pre and post match social media posts of your chosen fixture.

FOR FURTHER INFORMATION PLEASE CONTACT GARETH MORGAN

Social



Make Llanharan RFC your preferred venue for weddings, parties and events, with extremely competitive rates and special added discounts for our members.

Interested in hiring a venue then call the club on 01443 222209
or
Our Social Secretary Su Gardner-Ponting 07894465622

FEELING LUCKY?

Club Lottery Tickets are available behind the bar. Draws are made every Thursday.

This weeks JACKPOT stands at £5000!

Any changes to the published team will be announced prior to Kick-Off

The Line-ups



LLANHARAN

- 15** JACK PRING
FULLBACK/CEFNWR
- 14** RYAN RUSSELL
WING/ASGELLWR
- 13** HARLEY THOMSON
CENTRE/CANOLWR
- 12** ROSS PRITCHARD
CENTRE/CANOLWR
- 11** ALEX NEWBOLD
WING/ASGELLWR
- 10** SCOTT JONES ©
OUTSIDEHALF/MASWR
- 9** LEON BURTON
SCRUM HALF/MEWNWR
- 1** TOM HARRIS
PROPY RHENG FLAEN
- 2** GETHIN CASHMORE
HOOKER/BACHWR
- 3** JACK DAUNCEY
PROPY RHENG FLAEN
- 4** MORGAN PARSONS
LOCKYR AIL RENG
- 5** RICHARD BYERS
LOCKYR AIL RENG
- 6** JACK THOMPSON
FLANKER/BLAENASGELLWR
- 7** IEAUN EVANS
FLANKER/BLAENASGELLWR
- 8** OWAIN HOWE
NO.8/WYTHWR

ST ALBANS

- 15** ELIS JONES
FULLBACK/CEFNWR
- 14** NATHAN REES
WING/ASGELLWR
- 13** CAMERON ESCOTT
CENTRE/CANOLWR
- 12** MICHAEL THOMAS
CENTRE/CANOLWR
- 11** OWEN BRADSHAW
WING/ASGELLWR
- 10** LUKE FISH
OUTSIDEHALF/MASWR
- 9** OWAIN SMITH
SCRUM HALF/MEWNWR
- 1** JOSH BURRIDGE
PROPY RHENG FLAEN
- 2** JOSH BOYSS
HOOKER/BACHWR
- 3** JOE DAVIES
PROPY RHENG FLAEN
- 4** JOSEPH KHAN
LOCKYR AIL RENG
- 5** LIAM HUDSON
LOCKYR AIL RENG
- 6** CARL FISH
FLANKER/BLAENASGELLWR
- 7** CHARLEY SMITH
FLANKER/BLAENASGELLWR
- 8** DANIEL CRIMMINS
NO.8/WYTHWR

LLANHARAN v ST ALBANS
Saturday
15 April 2023
DAIRYFIELD
KICK-OFF 14:30

MATCH OFFICIAL

REFEREE:
SIMON BEARD

REPLACEMENTS

JACK WALKER
JOHNATHAN FLETCHER
LLOYD GREGORY
CHRIS OSBORNE
LEE ARTHUR

REPLACEMENTS

JOSH MULLANE
JACOB HURLEY
FRAZER HICKS
CONOR BRAGG
NATHAN HAYDE